

DOG BISCUITS
NUTTY BANANA
TREATS
RECIPE





INGREDIENTS

Makes: Approximately 50 small treats

- 350g spelt flour
(wholemeal or rice flour can also be used)
- 2 tablespoons unsalted peanut butter
(please read important footnote)
- 2 teaspoons honey
- 1 ripe banana
- 3 beaten eggs
(2 eggs for recipe + 1 egg for glazing)



METHOD

Preparation Time: 20 minutes

Cooking Time: 15 - 20 minutes

- Put the flour into a larger mixing bowl, reserving some for rolling out your dough.
- Mash the banana with a fork.
- Beat 2 of the eggs and add these to the bowl together with the peanut butter and honey.
- Mix everything together with a wooden spoon.
- Keep mixing until all the ingredients are incorporated - add more flour if the mixture is too wet or add a little water if too dry.
- Next, get your hands into the bowl and knead the dough until you form a dough ball.
- Roll out the dough using a rolling pin on a floured surface.
- Make sure that you roll your dough to an even thickness no more than 5mm thick, otherwise, your treats will not cook evenly.
- Preheat the oven to 160 C / Gas Mark 3.
- Use your cookie cutter(s) to cut out your shapes - we have used a bone and a dog shaped cutter (these can easily be found online e.g. Amazon, eBay, etc.),
- Carefully place the treats on a baking tray lined with greaseproof paper which should be brushed with a little vegetable oil to prevent the treats from sticking.
- Use the remaining beaten egg to lightly glaze each treat.





- Once brown on the underside, place the treats on a wire rack to cool.

- When completely cooled, serve one or two to your dog who has probably been sat patiently waiting during the entire process!

- Store the remaining treats in an airtight container.

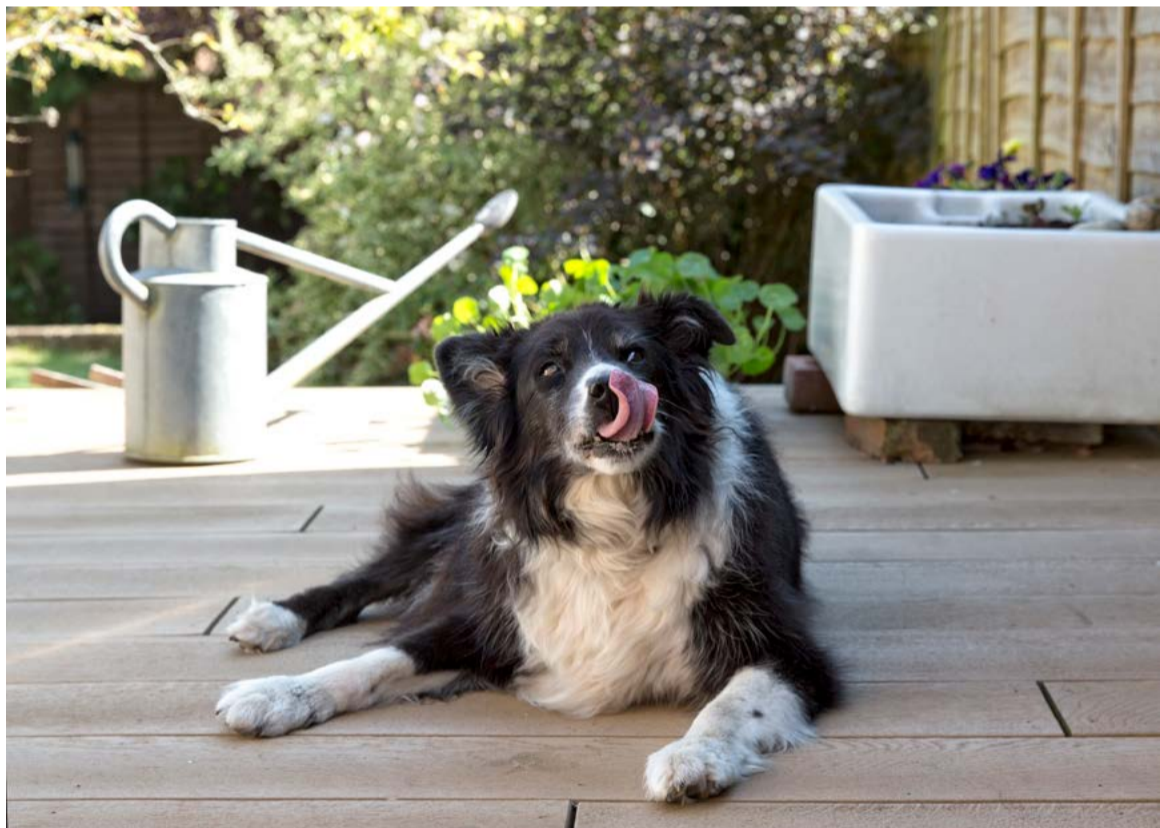
IMPORTANT NOTE

Dogs love peanut butter but please make you choose your brand very carefully!

Make sure you check the ingredients on the label as many brands of peanut butter contain salt and more importantly, some of the cheaper brands also contain the sweetener Xylitol, which can be extremely harmful to dogs.

We have used Meridian peanut butter in our recipe which is made from 100% nuts and has nothing added. This is available in supermarkets and online.

Alternatively, there is also a brand of peanut butter made especially for Dogs called Peamutt Butter, which is available online and from pet stores such as Pets at Home.



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